



SURF CAMP
A U S T R A L I A

**FACT
SHEET**

-----1 Day Surf Camp-----

Highlights:

- Learn to surf with Australia’s No.1 Surf School for beginners
- Explore the uncrowded beauty of Seven Mile Beach National Park
- Get a taste of Australia’s surfing culture
- Party with free beer and pizza upon return at Sydney’s popular surf bar, Scubar.

Factfinder:

Camp: 1 Day Surf Camp

Style: Adventure/Outdoor Recreational

Grade: Beginners

Pickup: Mondays and Wednesdays 7:15am outside Sydney Central YHA/Scubar.

(Cnr of Rawson Pl and Pitt St) Please let us know if you wish to make your own way to the camp.

Activities: Our surf course is a progressive, tailor-made course designed to teach absolute beginners how to surf. At the end of the course you will have the skills to surf confidently without an aide. A typical day at Surf Camp includes 2 lessons.

Meals: 1 x lunch prepared by our on-site staff. We serve large portions to cater for a surfer’s appetite!

Staffing: All of our surfing instructors are fully trained and qualified, having completed their Level 1 Surf Coaching, Open Water Bronze Medallion/ APOLA and Senior 1st Aid Certificates.

Optional pack: Photography: Capture the moment of riding a wave. Our on-site photographer is available every lesson to take photos of you surfing.

Itinerary: (1 full day)

Day 1:
Meet the Surf Camp Australia drivers outside Sydney Central YHA/ Scubar, Sydney at 7:15am.
Bus departs at 7:30am. Sit back and relax whilst we take you down the South Coast to our camp location in Gerroa.

Seven Mile Beach:

Seven Mile Beach is a picturesque national park beach. It’s an ideal location for beginner surfers with its tame waves and scenic surroundings.

Only 2 hours south of Sydney, it offers the surfer a chance to escape the city and see what other beauties Australia has to offer.

Average Temps for Surf Camp Season:

Air Temps ^o	C	Sea Temps ^o	C
SEPT	20	SEPT	18
OCT	22	OCT	19
NOV	24	NOV	20
DEC	25	DEC	21
JAN	26	JAN	23
FEB	26	FEB	24
MAR	25	MAR	23
APR	23	APR	22
MAY	20	MAY	21

Tour Briefing:

Upon arrival you’ll be greeted by our head surf instructor and the onsite staff who will take you to the beach for your first lesson.

Lessons:

In the first lesson you'll receive a talk on tides and conditions, and how to identify the safest part of the beach to surf. Your instructor will then go on to teach you how to stand up on your board and take you into the water to experience catching your first wave! Most people will stand up within the first lesson.

Each lesson will progress from the previous one. You'll be provided with lunch and a rest period in between.

After your last lesson, you'll be given time to get ready for the journey back to Sydney.

Arrive in Sydney: at approximately 7pm.

Upon arrival in Sydney, head straight to the Scubar where it's "Party Time!"

Enjoy free beer and pizza upon arrival with your new surf mates!

What to Bring:

- Swimwear/Boardshorts
- 30+ Factor Sun Screen
- A Towel
- A Huge Appetite
- Lots of Energy

What you will get out of Surf Camp:

- A unique and unforgettable experience
- Surfing skills
- Wave, ocean and surfing etiquette knowledge
- A Rip Curl T-shirt
- A taste of Australian surf culture
- An addiction to surfing